



TIPS FOR CLEAN bedding

BEDDING



🌀 **Wash sheets alone** (not with towels or dirty clothes). The towels shed lint onto the sheets and reduce their lifespan. They also dry at different rates.

🌀 **Take sheets out of the washer right away** before the wrinkles set in the washer. Also, if you take them from the dryer quickly and put them on the bed, it acts as an iron and flattens them out. Leaving them in the washer can also cause mildew.

🌀 **Wash your duvet cover,** not just the sheets. The duvet gets as dirty as the sheets do.

🌀 **If your sheets have stains or grease, use ammonia** in the cycle. It will help remove the stains and restore the sheets to original condition. No worries - your sheets will not smell like ammonia when they come out of the wash. *If you ammonia, DO NOT mix with bleach.

🌀 **Use the sanitary cycle if you have one,** or wash with hot water. If your sheets are all cotton, be careful with the water temp. or you could shrink them. If you have oversized sheets, hot wash away!

kristagilbert.com