

KRISTA'S SPEAKING TOPICS

OPTION 1: Reclaiming Home

Families today need hope, inspiration, and practical ideas for deeply-rooted connection. There are countless distractions and obstacles that make life busier and more hectic. Krista asks the question, "How do we carve time for a solid family life and well-nurtured relationships in the midst of such a pace?"

In this session Krista will provide an interactive discussion as she offers up creative, life >>>> changing solutions to these modern day dilemmas, guiding listeners down the path of living life on purpose.

OPTION 2: Reclaiming our Spiritual Home

Before we can reclaim our physical homes, we often need to tend our spiritual homes. Krista will discuss the many reasons we neglect this part of our lives, and will offer compelling and inspiring reasons why this is critical to not only the well-being of our souls, but also to the well-being of our families.

>>>> In this session Krista explores what it means to truly come home.

OPTION 3: Reclaiming Home for the Holidays

During the holidays we often hope for the silent night, but end up with the holiday hustle. While there is an inevitable amount of hustle in November and December, how can we find the silent night and really celebrate the holidays the way we hope and dream they will be?



Krista provides practical solutions to this dilemma that will transform your experience >>>>> during the holidays and help create meaningful moments with loved ones.

OPTION 3: Reclaiming (YOU CHOSE FROM THE OPTIONS BELOW)

- Reclaiming your Foundation (acceptance, communication, love, play and presence)
- ▶ Reclaiming Time (A LOOK AT PRIORITIES AND SCHEDULES)
- ▶ Reclaiming Marriage (what it takes to bring sizzle back to a marriage)
- ▶ Reclaiming Childhood (Technology, Friendships, Peer Pressure, & Activities)
- ▶ Reclaiming Play (how to create an atmosphere of fun in a family)
- ▶ Reclaiming Traditions (how to create traditions that anchor a family)
- Reclaiming Legacy (how to create a family legacy that lives beyond us)
- ▶ Reclaiming Faith (how to integrate roots of faith into daily family life)

OPTION 5: a Wild Yes LEARNING TO STEP OUTSIDE YOUR COMFORT ZONE

Krista talks about her journey to the middle of a war zone in Congo and up Mt.Kilimanjaro to raise money for women in some of the most dangerous places in the world.

In this session she can either:...

- 1. Talk about her experience with **One Million Thumbprints** and bring education and awareness to your group, or...
- 2. Talk about why risk is a vital part of a growing faith and how to open up to the wild yes God may be calling you to, no matter what your circumstance.

OPTION 6: CHOOSE YOUR OWN

Don't see what you are looking for in the list of topics? Krista would be happy to discuss your event and topic with you individually.

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Krista would love to talk to you about your event. Please fill out the form on the kristagilbert.com speaker page, and she will get back to you.

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